

**Equestrian  
Qualifications GB  
Limited**

The awarding body for equestrian activity



# **EQL Certificates in Coaching Equestrian Riding, Driving and Vaulting**

**Qualification information**

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Produced 19 July 2011

## **EQUESTRIAN QUALIFICATIONS GB LIMITED CERTIFICATES IN COACHING**

**Equestrian Qualifications GB Limited** (“EQL”) is the Awarding Body for equestrian activity. We are a small, specialist Awarding Body accredited by Ofqual, the Office of the Qualifications and Examinations Regulator. This means our systems, procedures and quality assurance practices are thorough and we receive monitoring to ensure these practices are maintained.

**EQL** aims to provide an excellent level of customer service for its centres and candidates. We award a range of qualifications including the UKCC Endorsed Coaching Certificates of which we award on behalf of the British Equestrian Federation.

In July 2002 the Government’s commissioned Coaching Task Force reported that coach education schemes in the UK varied in terms of quality of content, delivery and assessment resulting in the lack of a recognised professional framework for coaching. The United Kingdom Coaching Certificate (UKCC) was one of the key recommendations from the Coaching Task Force, leading to a number of sports developing coaching certificates.

The British Equestrian Federation (BEF), the sports national governing body was tasked with developing UKCC qualifications for the Equine Coach. Over the last, almost 10 years now, the BEF has worked with their Coaching Development Action Team, made up from representative of BEF member bodies, to develop three levels of Coaching Certificates. Levels 1, 2 and 3 have been accredited into the Qualifications and Credit Framework and have also gained UKCC Endorsement for their overall delivery of training and assessment procedures.

EQL awards the following Equestrian Coaching Certificates on behalf of the British Equestrian Federation.

- EQL Level 1 Award in Coaching Equestrian Riding
- EQL Level 1 Award in Coaching Equestrian Vaulting
- EQL Level 1 Award in Coaching Equestrian Driving
  - EQL Level 1 Award in the Principles in Coaching Sport
  
- EQL Level 2 Certificate in Coaching Equestrian Riding
- EQL Level 2 Certificate in Coaching Equestrian Vaulting
- EQL Level 2 Certificate in Coaching Equestrian Driving
  - EQL Level 2 Award in the Principles in Coaching Sport
  
- EQL Level 3 Certificate in Coaching Equestrian Riding
- EQL Level 3 Certificate in Coaching Equestrian Vaulting
- EQL Level 3 Certificate in Coaching Equestrian Driving
  - EQL Level 3 Award in the Principles of Coaching Sport

Within each qualification there are specialist pathways, which one you choose will depend upon your involvement within equestrian sport. The routes to qualification allow coaches to be assessed working within their own environment and concurrently facilitates cross learning and appreciation of the breadth of the industry, allowing candidates to explore flexible routes to learning and qualification. For example, a Level 1 Coach who has an award in generic riding, may choose at Level 2 to have a specific award working within a particular context such as Vaulting. All technical syllabi have been approved and mapped to each other for parity and consistency.

## LEVEL 1 COACHING QUALIFICATIONS

### EQL LEVEL 1 AWARD IN COACHING EQUESTRIAN RIDING

**Pathways:** Generic Riding  
Horseball  
Polocrosse  
Western Riding  
Mounted Games

### EQL LEVEL 1 AWARD IN COACHING EQUESTRIAN VAULTING

**Pathway:** Vaulting

### EQL LEVEL 1 AWARD IN COACHING EQUESTRIAN DRIVING

**Pathways:** Driving  
Driving for the Disabled

**The holder of this qualification will be able to** assist with coaching activities under the supervision of a more senior adult coach, however, the more senior adult coach will take overall responsibility for the process. Because this qualification requires the holder to be under the supervision of a more senior adult coach, they will not be expected to take responsibility for others. The holder will have the ability to assist a more senior coach with the basic principles of equestrian coaching, showing due regard for the health and safety of themselves, pupils, horses and others.

Whilst gathering evidence for the portfolio, it is the responsibility of the training centre to ensure that candidates under the age of 18 years are closely supervised by a suitably qualified adult at all times.

**Assessment Method:** Portfolio of evidence  
Practical assessment

**Age Range:** Candidates may register at 14 years and begin to gather evidence for their portfolio. Candidates may not sit the final practical examination until reaching the age of 16 years.

The qualification is made up of the following units:

- Understanding the fundamentals of coaching sport
- Understanding the principles of planning coaching activities in sport
- Understanding the principles of conducting coaching activities in sport
- Understanding the principles of evaluating coaching activities in sport
- Planning coaching activities in equestrian riding/driving/vaulting
- Conducting coaching activities in equestrian riding/driving/vaulting
- Evaluating coaching activities in equestrian riding/driving/vaulting

## **LEVEL 2 COACHING QUALIFICATIONS**

### **EQL LEVEL 2 CERTIFICATE IN COACHING EQUESTRIAN RIDING**

**Pathways:** Generic Riding  
Horseball  
Polocrosse  
Riding for the Disabled  
Western Riding  
Endurance  
Mounted Games

### **EQL LEVEL 2 CERTIFICATE IN COACHING EQUESTRIAN VAULTING**

**Pathways:** Vaulting  
Vaulting for the Disabled

### **EQL LEVEL 2 CERTIFICATE IN COACHING EQUESTRIAN DRIVING**

**Pathways:** Driving  
Driving for the Disabled

**The holder of these qualifications will be able to** take sole responsibility for the health and safety of themselves, pupils, horses and others within the coaching environment. The holder will be able to prepare for, deliver and review a coaching session or a linked series of sessions to show progression.

**Assessment method:** Portfolio of evidence  
Practical assessment

**Age range:** Candidates may register at 16 years and begin to gather evidence for their portfolio. Candidates may not sit the final assessment until reaching the age of 18 years.

The qualification is made up of the following units:

- Understanding the fundamentals of coaching sport
- Understanding how to develop participant(s) through coaching sport
- Supporting participant(s)' lifestyle through coaching sport
- Understanding the principles of safe and equitable coaching practice
- Plan a series of equestrian riding coaching sessions
- Prepare the equestrian riding coaching environment
- Deliver a series of equestrian riding coaching sessions
- Monitor and evaluate equestrian riding coaching sessions

## LEVEL 3 COACHING QUALIFICATIONS

### EQL LEVEL 3 CERTIFICATE IN COACHING EQUESTRIAN RIDING

<b>Pathways:</b>	Generic Riding	Reining
	Dressage	Riding for the Disabled
	Endurance	Show Jumping
	Eventing	Western Riding
	Horseball	Coaching Jockeys
	Polocrosse	Riding Racehorses

### EQL LEVEL 3 CERTIFICATE IN COACHING EQUESTRIAN VAULTING

<b>Pathways:</b>	Vaulting
	Vaulting for the Disabled

### EQL LEVEL 3 CERTIFICATE IN COACHING EQUESTRIAN DRIVING

<b>Pathways:</b>	Driving
	Driving for the Disabled

**The holder of this qualification will be able to** plan, implement, analyse and revise annual or seasonal coaching programmes. In addition, they will be able to deliver a seasonal or annual coaching plan. The Level 3 Equine Coach will be a fully autonomous, accomplished coach with equestrian skills and knowledge.

<b>Assessment method:</b>	Portfolio of evidence
	Practical assessment

<b>Age range:</b>	Candidates may register at 19 years of age.
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The qualification is made up of the following units:

- Understanding the fundamentals of coaching programmes
- Understanding the principles of planning coaching programmes
- Understanding how to support participant(s)' lifestyle through coaching programmes
- Understanding the principles of safe and equitable coaching practice
- Analyse participant(s)' performance and set programme goals in equestrian riding
- Plan coaching programmes in equestrian riding
- Manage safe and effective equestrian riding coaching programmes
- Deliver equestrian riding coaching programmes
- Develop participant(s)' performance in equestrian riding
- Monitor and evaluate equestrian riding coaching programmes
- Develop coaching practice in equestrian riding

## How the Qualification will be assessed

A variety of methods can be used to assess the outcomes of coaching qualifications. Fundamentally, coaches will be required to demonstrate their competence in the coaching environment – their ability to coach participants within a sporting context. Therefore, assessment of coaching practice will form an essential and mandatory part of a qualification's assessment specification/strategy.

Evidence of coaching practice may come from a variety of sources including observation by a competent assessor or via a recorded log book of experience conducted as part of a learning programme. It is essential that coaches are able to coach safely and effectively within an appropriate coaching environment. The recommended minimum assessment requirements (see below) propose the number of occasions for assessing coaching practice at each level.

At Levels 1-3, it is deemed acceptable that assessment of coaching practice could be conducted within a training environment; therefore, coaches may be coaching other coaches. It is strongly recommended that coaching practice is assessed within a 'real' (non-simulated) coaching environment for that sport. All recorded coaching practice detailed in a coach's logbook or evaluation tool should contain a record of coaching within a 'real' (non-simulated) coaching environment with appropriate groups of participants.

Assessment methods can vary, as can the materials for providing evidence that a coach can meet the learning outcomes of a coaching qualification. The use of learning support materials e.g. coach logbook and sessions plans, to provide evidence of achieving the learning outcomes of qualifications is recommended, as is the use of questioning to gather supplementary evidence of knowledge.

Where situations within coaching cannot necessarily be replicated e.g. emergency procedures, questioning, role-play or simulation can be used and recorded to demonstrate a coach's competence and/or knowledge. All methods of assessment will need to be recorded for purposes of evidence and quality assurance.

## Fees

The fees for these qualifications are available from the respective member body on request and will comprise the candidate's \*registration and certification fee and necessary training and assessment costs. Each candidate will be provided with a candidate pack and learning support resource, included within the cost.

**If you are interested in attaining a Coaching qualification in Equestrian Riding, Driving or Vaulting** you should contact a Centre approved to deliver and assess the qualification. Please see the enclosed list of EQL Approved Certificate in Coaching Centres.

The technical syllabus for these qualifications and a full list of units are available from EQL. Please send an SAE to Equestrian Qualifications GB Limited, Abbey Park, Stareton, Kenilworth, Warwickshire, CV8 2XZ.

The BEF has produced Learning Resources to help you prepare for this qualification. This document is available via EQL Approved Certificate in Coaching Centres and is also downloadable on some of their web sites. Alternatively, please write to EQL with £5.00 for a hard copy or email [enquiries@equestrian-qualifications.org.uk](mailto:enquiries@equestrian-qualifications.org.uk) and we will email the document to you free of charge.

## EQL Approved Certificate in Coaching Centres

Association of British Riding Schools, Unit 8, Bramble Hill Farm, Five Oaks Road, Slinfold, Horsham, West Sussex, RH13 0RL

Phone: 01403 790294

Web Site: [www.abrs-info.org](http://www.abrs-info.org)

British Dressage Ltd, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2RJ

Phone: 02476 698830

Web Site: [www.britishdressage.co.uk](http://www.britishdressage.co.uk)

British Equestrian Vaulting Ltd, c/o Elizabeth Lukehurst, 32 Dean Lane, Sowerby Bridge, West Yorkshire, HX6 1HE

Web Site: [www.vaulting.org.uk](http://www.vaulting.org.uk)

British Eventing Ltd, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2RN

Phone: 02476 698856/0845 262 3344

Web Site: [www.britisheventing.com](http://www.britisheventing.com)

British Horse Driving Trials Association, East Overhill Farm, Stewarton, Kilmarnock, Scotland, KA3 5JT

Phone: 0845 643 2116

Web Site: [www.horsedrivingtrials.co.uk](http://www.horsedrivingtrials.co.uk)

British Horseball Association Ltd, Arkenfield Stables, Lowdham Road, Gunthorpe, Nottingham, Nottinghamshire, NG14 7ER

Phone: 0115 966 4574

Web Site: [www.horseball.org.uk](http://www.horseball.org.uk)

British Horseracing Authority, 75 High Holborn, London, WC1V 6LS

Phone: 020 715 20000/20018

Web Site: [www.britishhorseracing.com](http://www.britishhorseracing.com)

British Reining, Home Farm, Sheep Street, Leighton Bromswold, Cambridgeshire, PE28 5AY

Web Site: [www.britishreining.co.uk](http://www.britishreining.co.uk)

Endurance GB, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2RP

Phone: 01749 812210

Web Site: [www.endurancegb.co.uk](http://www.endurancegb.co.uk)

Riding for the Disabled Association, Norfolk Nouse, 1A Tournament Court, Edgehill Drive, Warwick, Warwickshire, CV34 6LG

Phone: 0845 658 1082

Web Site: [www.rda.org.uk](http://www.rda.org.uk)

The British Horse Society Training Department, Abbey Park, Stareton, Kenilworth, Warwickshire, CV8 2XL

Phone: 02476 840500

Web Site: [www.bhs.org.uk](http://www.bhs.org.uk)

The British Showjumping, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2LR

Phone: 02476 698800

Web Site: [www.bsja.co.uk](http://www.bsja.co.uk)

The Mounted Games Association of Great Britain, 59 St. John's Road, Buxton, Derbyshire, SK17 6XA

Phone: 01298 24292/07971 201830

Web Site: [www.mgagb.co.uk](http://www.mgagb.co.uk)

The Pony Club, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2RW

Phone: 02476 698300

Web Site: [www.pcuk.org](http://www.pcuk.org)

UK Polocrosse Association, The Coach House, Churchend, Bushley, Tewkesbury, Gloucestershire, GL20 6HT

Phone: 07831 810423

Web Site: [www.polocrosse.org.uk](http://www.polocrosse.org.uk)

#### **Other Useful Addresses:**

Equestrian Qualifications GB Limited, Abbey Park, Stareton, Kenilworth, Warwickshire, CV8 2XZ.

Phone: 02476 840508

Web Site: [www.equestrian-qualifications.org.uk](http://www.equestrian-qualifications.org.uk)

British Equestrian Federation, National Agricultural Centre, Stoneleigh Park, Kenilworth, Warwickshire, CV8 2RJ

Phone: 02476 698830

Web Site: [www.bef.co.uk](http://www.bef.co.uk)

## Recommended Reading - Equestrian

### Pony Club

“The Manual of Horsemanship” ISBN 1872119565  
“The Instructor’s Handbook” ISBN 0954153189

### British Equestrian Vaulting

“Equestrian Vaulting” by Jutta Wiemers ISBN 0 85131 595 X  
“Stretch & Strength” by Jutta & Hanna Weimers  
“Training for Vaulting Coaches” by Isabelle Bibler & Emma Drinker  
“Vaulting My Sport” (Video)  
“That Winning Feeling” by Jane Savoie

### British Eventing

“British Eventing Rule Book”

### British Dressage

“Advanced Techniques of Dressage”

### Endurance GB

“Riding from the Inside Out” by Lisa Champion  
“Equine Exercise Physiology” by David Marlin  
“Going the Distance” by Marcy Pavord  
“The Little BHS Book of Endurance”

### Scottish Equestrian Association

“Complete Horse Riding Manual” by William Micklem  
“Success from Within” by Brendan Hackett  
“Training Show Jumpers” by Anthony Paalman

### The British Horseball Association

### Polocrosse

“Polocrosse Let’s Go!” by Jean Still ISBN 1 875381 26 0  
“Polocrosse – A Practical Guide” by Mandy Choice ISBN 1 86389 006 8

### The British Horse Society

BHS Videos & DVDs – Stages 1, 2, 3 & PTT

Kenilworth Press Publications:

The BHS Training Manual Series – Stages 1, 2, 3 & PTT  
Learn to ride with the BHS  
Teaching Children to Ride  
Themed Lesson Plans for Riding Instructors, ISBN 1872119891  
Everyday Jumping for Riders and Instructors

**Progressive Schooling Exercises**

The BHS Instructors' Manual for Teaching Riding, ISBN 1872119565

Coaching Skills for Riding Teachers, ISBN 978-1-905693-08-5

Allens Publications:

Course Companion for BHSAI

Course Companion for BHSII

"Teaching Riding" by Josephine Knowles

"Coaching the Rider" & "Teaching Jumping" by Jane Houghton-Brown

**The Association of British Riding Schools**

"The Principles of Teaching Riding, "The Official Teaching Manual of the ABRs" by Julian Marczak and Karen Bush

"Drills and Formation Riding" by Shirley Renowden

"An Instructor's Pocket Guide to Safe & Interesting Hacking" by Tony Silverman

**Riding for The Disabled Association**

"RDA Instructors' Resource" (Section A.31 lists reading material)

"RDA Instructor Development Workbook & Activity Guide"

**British Show Jumping Association**

"101 Jumping Exercises for Horse & Rider" by Linda L Allen ISBN 1 58017 159 1

"The BSJA Coaching Manual" by Lars Sederholm

**Recommended Reading – Coaching**

Brookes, T. (2004) *How the Body Works in Sport*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-55-5

Cabral, P. Carpenter, F. and Crisfield, P. (2003) *The Successful Coach: Guidelines for Coaching Practice*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 0-947850-16-3

Cabral, P. and Crisfield, P. (Eds) (2003) *Motivation and Mental Toughness*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-24-5

Campbell, S. and Crisfield, P. (2002) *Making Sport Fun*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 0-947850-56-2

Carpenter, F. and Ledger, P. (Eds) (2001) *Physiology and Performance*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 0-947850-24-4

Crisfield, P. (2003) *Analysing Your Coaching*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-14-8

Foxon, F. (2001) *Improving Practices and Skill*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-13-X

Galvin, B. and Ledger, P. *A Guide to Planning Coaching Programmes*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-00-8

Hagger, M. (2003) *Coaching Young Performers*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-15-6

Kerr, A. and Stafford, I. (2003) *How to Coach Disabled People in Sport*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-54-7

McQuade, S. (2003) *How to Coach Sports Effectively*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-52-0

NCF (2003) *Coaching Young Performers*. Leeds: Coachwise Solutions/sports coach UK. ISBN 1-902523-6

NCF (2003) *Sports Injury – Prevention and First Aid Management*. Leeds: Coachwise Business Solutions/The National Coaching Foundation. ISBN 1-850601-68-2

NCF (2005) *The Successful Coach – Guidelines for Coaching Practice*. Leeds: Coachwise Business Solutions/The National Coaching Foundation. ISBN 0-947850-16-3

Robertson, K. (2002) *Observation, Analysis and Video*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-16-4

Sneyd, S. (Ed) (2003) *How to Coach Sports Safely*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-50-4

Sprunt, K. (2003) *An Introduction to Sports Mechanics*. Leeds: Coachwise Solutions/The National Coaching Foundation. ISBN 1-902523-64-4